

2019 Novel Coronavirus FAQ's - Extendicare Corporate Office

Q: What are the symptoms of 2019 Novel Coronavirus and what do I do if I suspect symptoms in myself or others?

Symptoms for the Novel Coronavirus have included fever, cough, and difficulty breathing. If you have traveled to Wuhan, China and develop symptoms of 2019 Novel Coronavirus infection, avoid contact with others and contact a health care professional.

Q: I got my flu vaccine this year. Will it protect me from this virus?

No, the flu vaccine does not protect against coronaviruses. The flu is mainly caused by two types of viruses: influenza A and influenza B.

Q: If a staff member has recently been to China (in the last 14 days) can they come into work?

This employee should not be treated any differently unless they exhibit signs of being ill. As per our policies, if staff present with acute respiratory (ARI) symptoms they are NOT to work and must seek medical attention. Any staff with no ARI symptoms are able to work as normal.

Q: What is the incubation period of the virus?

Current information indicates that symptoms may present themselves up to 14 days after exposure to the virus.

Q: How do I know what information being shared on social media is real or fake?

The most up-to-date and accurate information can be found on the Public Health Agency of Canada website [HERE](#). If you see something shared on social media that you're unsure of, you can post it anonymously on FLOW by clicking [HERE](#).

Please contact Lyn Fabricius and Jane Carruthers if you have any questions or concerns, at LFabricius@extendicare.com and JCarruthers@extendicare.com

Q: What can I do to protect myself against the virus?

Human coronaviruses cause infections of the nose, throat and lungs. They are most commonly spread from an infected person through:

- The air by coughing and sneezing
- Close personal contact such as touching or shaking hands
- Touching something with the virus on it, then touching your mouth, nose, or eyes before washing your hands

Q: How does the virus spread?

Based on emerging information, reports suggest that there has been limited person-to-person spread of 2019 Novel Coronavirus. At this time, there is no clear evidence that this virus is spread easily from person to person.

Q: The World Health Organization has declared the virus a Global Health Emergency. What does this mean?

The World Health Organization sets aside money for these kinds of emergencies. When a disease is declared a global health emergency it means that additional funds may now be secured to prevent and treat the virus across countries.

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